

2024 HHSAA Pitch Count - D1

		Pitch Count Matrix					
		# of pitches	1-35	36-60	61-85	86-110	
		Required Rest	0 days	1 day	2 days	3 days	
A pitcher can throw in 2 consecutive days if their 1 day total is 35 or less. Their 2 day total max is 110.							
A pitcher can throw in 3 consecutive days if their 2 day total is 35 or less. Their 3 day total max is 60.							
School	Player	Last	First	PITCH COUNT			
	#	Name	Name	14-May	15-May	16-May	17-May