

## Camp Director

- Kamehameha Boys Volleyball Coach
- 27 years experience as Camp Director for largest Team Volleyball Camp on the West Coast
- Former Head Women's Volleyball Coach at Oregon State University
- Division I PAC-10 Conference Coach of the Year in 1991
- Oregon High School 4A Girls State Champion Coach – Gresham High School 1986
- Oregon State Girls Coach of the Year 1986
- Oregon High School Coach of the Year – 1986
- 2012 BIIF Boys Coach of the Year
- 2012 Hawaii State Boys Coach of the Year

### Mandatory Medical Release Form

Player's Name: \_\_\_\_\_

Insurance Provider: \_\_\_\_\_

Insurance Policy #: \_\_\_\_\_

I hereby give my consent for the above individual to participate at Kamehameha Schools Volleyball Camp in training, competition, events and activities. I understand that there are inherent risks of personal injury and/or property damage in the athlete's participation. With full knowledge of such risks, whether foreseen or unforeseen, on behalf of myself, my heirs, my personal representatives, my assigns and the minor child, I agree to:

- 1) Assume any and all risks of injury, loss or damage which may arise out of such participation, including but not limited to the rendering of any medical treatment arising there from.
- 2) Waive and release any and all claims against Kamehameha Schools, Guy Enriques, Volleyball Camp Staff, employees, agents and representatives, both in their professional and personal capacities, for any and all injuries, losses or damages connected with or arising out of such participation; and
- 3) Indemnify and hold Kamehameha Schools forever harmless from and against any and all claims which may arise out of such participation.

I represent that I have read and I understand the content of this statement; I understand the nature of this statement as contractual, and not a mere recital; I have had an opportunity to ask questions about this statement; and I have executed this statement as my own free act.

\_\_\_\_\_  
Signature of Parent/Legal Guardian

\_\_\_\_\_  
Date



Age level: 2<sup>nd</sup> grade – 8<sup>th</sup> grade

**Date:** *June 2-5, Monday-Thursday*

Location: KS – High School Gym

Time: 8:30am – 3:30pm

Check-in: 8:00am Daily

Camp Fee: \$100  
\$20 lunch option (\$5/day x 4 days)

#### Daily Schedule:

|                   |         |
|-------------------|---------|
| Daily Check-in    | 8:00am  |
| Morning Session   | 8:30am  |
| Lunch             | 12:00pm |
| Afternoon Session | 1:00pm  |
| End of Camp       | 3:30pm  |

#### Camp Focus:

- Basic Skill Development:  
Passing, hitting, serving, digging
- Developing Volleyball Communication Skills
- Competing in game-situation & mini-tournaments
- *Learning and Keeping Volleyball Fun and enjoyable*

#### Advanced Middle School Players

After the first day of camp, advanced or highly skilled middle school players will have the option to participate in the evening session of the high school division. Participation and overnight stay is optional – additional \$45 for High School Camp Fee. Advanced Middle School players may also petition to attend the High School Camp. Recommendations must be made in writing by a Coach and approved with parent's signature and date.

Kamehameha Boys Volleyball Program  
Presents



**Sleep-over Camp for Boys and Girls**  
9<sup>th</sup>–12<sup>th</sup> grade

**June 1-5, 2014**

**Sunday Night – Thursday**



**Day Camp for Boys and Girls**  
2<sup>nd</sup> – 8<sup>th</sup> Grade

**June 2-5, 2014**

**Monday – Thursday**

# ALL DAY-ALL NIGHT ALL VOLLEYBALL

## Sleep-over Camp for High School Boys and Girls

**Date:** June 1-5, Sunday night-Thursday

**Location:** KS High School Gym

**Camp Fee:** \$145 includes:  
Facility & equipment use  
4 ½ days of Camp  
10 hours per day of camp instruction  
3 meals per day plus morning, afternoon and evening snacks  
Camp T-shirt

**Housing Free:** Limited to space available, please register early

**Check-in:** Sunday 3:00-4:00pm

### **Sunday Evening Schedule:**

|                                |               |
|--------------------------------|---------------|
| Welcome – Orientation          | 4:00          |
| Court Time – BRED Drills       | 4:30-6:00pm   |
| Dinner                         | 6:00-7:00pm   |
| Court time                     | 7:00-9:30pm   |
| Shower/snack                   | 9:30-10:30pm  |
| Motivational Videos & lectures | 10:30-11:30pm |
| Quiet time                     | 11:30pm       |
| Lights out                     | 12:00pm       |

### **Daily Schedule (Monday – Thursday):**

|       |                                  |
|-------|----------------------------------|
| 7:00  | Breakfast                        |
| 8:15  | Day's Orientation – Goal Setting |
| 8:30  | Morning Court Session            |
| 12:00 | Lunch                            |
| 1:15  | Afternoon Court Session          |
| 3:30  | Afternoon Break                  |
| 4:00  | BRED-Ball Control Court Session  |
| 6:00  | Dinner                           |
| 6:45  | Court Time Competition           |
| 9:30  | Shower - snack                   |
| 10:30 | motivational videos & lectures   |
|       | Team Building                    |
| 11:00 | Quiet time                       |
| 11:30 | lights out                       |

Camp ends Thursday at 9:00pm

### **Team and Coaches Incentive/Discount**

**Teams:** Bring 7 high school or club team members paying full tuition and get the 8<sup>th</sup> player free. Members must all be from the same club or high school team.

**Coaches:** Come and assist with the camp and receive one (1) free tuition for a player of your choice. Must work 90% of camp. Free Meals – Sleep-over optional. We would love to have you!

## Big Island's Best Volleyball Camp

- Head Clinician – Guy Enriques has 27 years of Camp Director experience
- 3 meals a day plus snacks
- Free overnight stay at KS Gym Facilities
- Athletic Trainer available during court practice
- Learn from Coaching: “The Best way to learn a skill is to teach it.” Each day session provides an opportunity to teach and motivate younger players to perform basic skills. Assume the role of a coach and learn and improve your personal skills at a faster rate.
- Learn and develop the critical success skill – Goal Setting / Mental Toughness / Self-Responsibility / Discipline
- Personal Motivational/Inspirational Talk Sessions every night. Team attitude and Personal Development is a major focus of camp
- Girls and Boys Training together creates more energy, focus and elevated play
- Improve your ball control skills by tracking your improvement and increasing your focus using the **BRED** Practice strategy

### What to bring for Overnights:

- Practice Clothes for 4-1/2 days – lots of extra shirts for those that sweat a lot
- Knee pads
- Toiletries (soap, toothpaste, toothbrush, shampoo, deodorant)
- Towel
- Good-pre-worn court shoes / slippers for evening
- Sleeping bag and pillow (optional – air mattress)
- Plastic bag for used laundry
- Personal Snacks

### Camp Guidelines:

Overnight Camp Rules and Guidelines will be covered at the beginning of camp. Campers failing to follow rules and guidelines will be released immediately with no refund of camp fees.

### Questions:

Guy Enriques (808) 217-2253

Email: enriques@hawaii.rr.com

## Camp Registration

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Parent Names: \_\_\_\_\_ (mom) \_\_\_\_\_

\_\_\_\_\_ (dad) \_\_\_\_\_

Emergency Contact numbers:  
Day Phone: \_\_\_\_\_

Cell \_\_\_\_\_

Email: \_\_\_\_\_

School Attending: \_\_\_\_\_

Male  Female  Grade next fall: \_\_\_\_\_

T-shirt size: (circle one)  
Adult size: S M L XL XXL  
Youth size: S M L

## Registration Fees



Please check one (1):

- \$100 Camp Fee (no lunch option)  
I will bring my own lunch each day
- \$120 Camp Fee + Lunch  
\$100 Camp Fee plus,  
\$20 (\$5/day) lunch provided



- \$145 Camp Fee

Write checks payable: **Kamehameha Schools - VB**

Mail to: **KS Volleyball Camp**

**P.O. Box 721184**

**Na'alehu, Hi 96772**