

HHSAA State Cross Country Championships

Seabury Hall

Emergency Action Plan

PERSONNEL

Physicians
Host Athletic Trainer (First Responder)
Host Athletic Director
Participating Schools Athletic Trainers (First Responders)
Participating Schools Head Coaches
MIL Sport Coordinator
Site Coordinator

EMERGENCY EQUIPMENT

*Ice *Water *First Aid Supplies
*Crutches *Splints *AED
*Ice Tubs *Shower cool down stations

PRE-DESIGNATED ROLES

First Responders (work in pairs): Safely gain access to injured athlete, perform initial assessment, determine state of athlete/injury, and initiate EAP (call EMS), if needed.

Site Coordinator: Ensure that all appropriate access points are open, and directs EMS to injury site.

Scene Controller: Works with participating coaches to control crowd by limiting scene to only emergency personnel and leading bystanders away.

COMMUNICATION

Radios to communicate among personnel.

Personal **cell phones** used to call 911, if needed

CALLING FOR EMS

Ambulance will be on standby on site. If needed, First Responder will notify Command Tent with location of injury athlete, and nature of injury. Command Tent will dispatch EMS, and Site Coordinator will open access points and lead EMS to injury site.

If additional EMS is needed, or if EMS is no longer on site, then one First Responder will call 911 and deliver care, while other First Responder notifies Command Tent to have access points opened. Depending on location of injury site, EMS should be directed to enter Gym Access point through Meha Road, or Main School Entrance via Olinda Road.