

# HHSAA Swimming and Diving

## 2018-19 Standards

<b><u>Girls</u></b>	<b><u>Event</u></b>	<b><u>Boys</u></b>
280 pts DD 10.8	1m Diving	295 pts DD 11.4
2:09.89	200 Med Rel	1:58.29
2:06.89	200 Free	1:54.79
2:23.99	200 IM	2:10.59
26.19	50 Free	23.49
1:03.59	100 Fly	58.39
57.49	100 Free	51.99
5:45.09	500 Free	5:18.39
1:53.99	200 Free Relay	1:42.49
1:05.99	100 Back	1:00.89
1:13.99	100 Breast	1:06.89
4:15.49	400 Free Relay	3:58.89