

Scholastic Basketball Clinic of Honolulu Schedule September 26th 2015



Registration 7:00-8:00	Scholastic Basketball Clinic of Honolulu	Sacred Hearts Academy Gymnasium
Session Times	Clinicians	Topics
8:00 – 8:50	Darren Vorderbruegge Hawaii Pacific U.	Building a Fundamentally Sound Man-to-Man Defense
9:00 - 9:50	Eric Bovaird Chaminade U.	Practice Plan Designs
10:00 - 10:50	Eran Gonot UH Manoa	To be determined
11:00 – 11:50	Ryan Looney Seattle Pacific U.	Possession Basketball (Rebounding)
11:50 – 12:30	LUNCH Break	Lunch will be provided
12:30 – 1:20	Referee/ Hank McDonald, UH Conditioning Coach	<ol style="list-style-type: none"> 1. Update on New Rules and Emphasis 2. How to Physically Condition a Basketball Player in the Pre-season
1:30 – 2:20	GE Coleman U. of Hawaii Hilo	Attacking Zone
2:30 – 3:20	Ryan Looney Seattle Pacific U.	Swing Offense vs. Man-to-man Defense
3:30 – 4:20	Bobby Keanini Chaminade U.	Press Offenses: How to Attack Both Man & Zone Full Court Defenses
4:20 – 4:30	Closing Remarks	Chic Hess, Clinic Director

